

Supervisor

- **Clarify and align expectations with your candidate(s) from project start - revise them regularly**
- Explain the important challenges that can be encountered in the field
- Guide and discuss how and when to write papers
- Provide feedback – specific, timely and regularly
- Provide encouragement and criticism when needed
- Include PhD candidates in your academic network
- Facilitate candidate collaboration on research problems
- Set and communicate limits – how/when available, balance with other duties/candidates
- Seek advice from experienced colleagues and make use of resources offered by Simula



PhD candidate

- **Clarify and align expectations with your supervisor from project start - revise them regularly**
- Take responsibility - own your project, progress & work
- Stay curious - dare to try and explore
- Speak up - express thoughts, questions and concerns
- Ask for clarification, support and feedback when needed
- Set and communicate limits which apply
- Truthfully report your progress and results
- Be generous - share contacts, discuss conferences and resources
- Seek advice from experienced colleagues and make use of resources offered by Simula

